# **Pick Your Specialty & Brand**

# **Speciality**

# Past Experiences:

Health issues you overcame in the past.

Health issues you helped others (family members or past clients) overcome.

Deep knowledge about specific health issues in your previous or current career.

### Life Stages:

Aging

Menopause

Perimenopause

Post-Partum

Pregnancy

**Medical Treatment Recovery** 

Pain Rehabilitation

# **Popular Wellness Specialties:**

Breathwork

**Dental Care** 

Detoxing

**Diabetes** 

Energy

Fatigue

**Gut Health** 

Hair Loss

Herbal Medicine

Infertility

Meditation

Mental Health

Mobility

Mold Toxicity

Pain (Back, Neck, Knee)

Physique Transformation

**Pilates** 

Sexual Health

Skin Care

Sleep

Weight Loss

Yoga

(Any disease with a name such as lupus, lyme, hashimoto, PCOS and more.)

# **Colors**

#### **Botanical Harmony:**

Base: #DAC292 (Light Brown) - Represents stability, grounding and a connection to the earth.

Accent: #A685E2 (Muted Purple) - Conveys creativity, wisdom, and a touch of luxury.

Neutral: #F8F4E8 (Cream) - Offers a soft and calming backdrop.

#### **Delicate Bloom:**

Base: #D19199 (Dusty Rose) - Conveys gentleness, compassion, and a sense of calm.

Accent: #7DCFB6 (Sea Green) - Introduces a refreshing and revitalizing element.

Neutral: #EAEAEA (Light Gray) - Provides a soft and airy background.

#### **Earthy Serenity:**

Base: #D2B48C (Tan) - Evokes feelings of warmth, comfort, and connection to nature.

Accent: #99B898 (Sage Green) - Represents growth, harmony and renewal. Neutral: #F2F2F2 (Light Gray) - Provides a clean and balanced background.

#### Lush Vitality:

Base: #A7C5BD (Seafoam Green) - Promotes tranquility, rejuvenation and balance.

Accent: #E5B8F4 (Lavender) - Suggests peace, serenity, and a connection to spirituality.

Neutral: #333333 (Charcoal Gray) - Adds depth and sophistication.

#### Mineral Luxe:

Base: #8CA1A5 (Gray-Green) - Represents balance, growth, and a connection to nature.

Accent: #B87333 (Bronze) - Adds a touch of sophistication and luxury. Neutral: #000000 (Black) - Creates a bold and dramatic statement.

# Sunrise Bliss:

Base: #F08C00 (Bright Orange) - Embodies enthusiasm, creativity and a positive outlook.

Accent: #DF678C (Deep Pink) - Introduces a sense of compassion, playfulness, and warmth.

Neutral: #3C3C3C (Dark Gray) - Provides a grounding element and contrast.

#### **Tropical Oasis:**

Base: #96CEB4 (Teal) - Evokes feelings of serenity, clarity and rejuvenation, like clear waters.

Accent: #FFD966 (Honey Yellow) - Adds a touch of cheerfulness and optimism.

Neutral: #736357 (Taupe) - Creates a natural and organic feel.

# Zesty Fresh:

Base: #F2C249 (Golden Yellow) - Captures energy, optimism, and a sense of well-being.

Accent: #D95D39 (Burnt Orange) - Adds a touch of vibrancy and excitement.

Neutral: #FFFFFF (White) - Creates a crisp and airy feel.

# **Fonts**

#### **Bold & Energetic:**

Header: Anton - Strong and impactful sans-serif font with a geometric structure.

Body: Roboto - Clean and modern counterpoint to the bold header, ensuring readability.

#### Classic & Professional:

Header: Roboto Slab - Classic with a geometric structure and a strong presence.

Body: Noto Sans - Clean and versatile, designed with excellent legibility.

#### Minimalist & Modern:

Header: Raleway - Clean and versatile with a geometric structure.

Body: Montserrat - Offers a similar contemporary feel with excellent legibility in smaller sizes.

#### Minimalist & Stylish:

Header: Bebas Neue - Condensed and impactful with a modern and minimalist aesthetic.

Body: Lato - Warm, inviting, excellent readability with a touch of elegance.

#### Modern & Elegant:

Header: Montserrat - Clean, versatile geometric sans-serif with a contemporary feel.

Body: **Open Sans** - Readable with a neutral yet friendly appearance, perfect for blocks of text.

# Organic & Earthy:

Header: Nunito Sans - Rounded terminals convey a friendly and approachable feel.

Body: **Open Sans** - A neutral and versatile font that complements the organic header.

#### Playful & Friendly:

Header: Amatic SC - Hand-drawn style font with a playful and approachable personality.

Body: Source Sans Pro - Versatile, clean and neutral, balancing the header's playfulness.

#### Serene & Sophisticated:

Header: Quicksand - A modern and clean aesthetic with rounded edges for a friendly touch.

Body: **Noto Sans** - Provides excellent readability and a neutral backdrop for the header.



Health & Wellness Copywriter:

Creator of Client Enrollment System ™ Click Here To Find Out More